

COUNSELOR CORNER

JUNE 2023

HAPPENINGS

MIND OF THE ATHLETE

**FOR ATHLETES, COACHES & PARENTS,
AND COMMUNITY**

**MIND OF THE ATHLETE PRESENTATION
BLENDS PSYCHOLOGY AND
ENTERTAINMENT WHILE FOCUSING ON
HOPE, MENTAL HEALTH, AND
EMPOWERMENT FOR ATHLETES.**

**PRESENTED BY: DR. JARROD SPENCER
SPORTS PSYCHOLOGIST SPEAKER.
AUTHOR.**

**SUNDAY, AUGUST 20, 2023
RIVERSIDE HIGH SCHOOL AUDITORIUM
DOORS OPEN AT 5:00 PM
PRESENTATION AT 6:00 PM**

**SPONSORED BY NSPI
HOSTED BY RIVERSIDE SCHOOL DISTRICT**

**EVENTBRITE REGISTRATION IS FREE AND
ENCOURAGED.**

Click here to register: [Mind of the Athlete](#)

RESOURCES

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HAVE A GREAT SUMMER~