

COUNSELORS CORNER

November 2023

A MONTH OF GRATITUDE

In honor of National Gratitude month lets take time to focus on what we are grateful for. Using the guide below, take time each day to focus on something different you are thankful/grateful for.

My DAILY gratitude LIST

Today I'm thankful for ...

I really appreciate ...

I felt joyful today when ...

My favorite part was ...

Today I show

my gratitude by ...

HAPPENINGS

- National School Psychology week will be celebrated Nov. 6th - Nov. 10th.
- Veteran's Day is November 11th. We'd like to express our appreciation to those who have and are serving our country.
- Miracle on Main St. parade will be held on Nov. 24th from 5 to 9 pm
- Breakfast with Santa will be held in the High school on Nov. 25th from 8am to noon.
- Thanksgiving break will begin on Nov. 23.

