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1. Who may file the protest: Any bidder or prospective bidder who is aggrieved in connection with an Invitation for Bid (IFB) or Request for Proposal (RFP) from Riverside School District or the award of a contract obtained through such a process may file a protest. Protests relating to cancellation of IFBs and RFPs and protest relating to the rejection of all bids are not permitted. A bidder is a person or organization that submits a bid in response to the IFB/RFP. A prospective bidder is one who has not submitted a bid.

2. Time for filing:

- a. If a protest is submitted by a prospective bidder, it must be filed within five business days after the prospective bidder knew or should have known of the facts giving rise to the protest. In no event may a prospective bidder be allowed to submit a protest after bid opening time.
- b. If a protest is filed by a bidder, the protest must be filed within five business day after the protesting bidder knew or should have known of the facts giving rise to the protest. Once the bid opening has occurred, the bidder has five business days to file a protest. The date of filing is the date of receipt of the protest by the School District.

3. Form of protest:

- All bid protest must be in writing and filed with the Superintendent at Riverside School District, Administrative Office, 601 S. Main Street. Taylor, PA 18517
- b. The protest must state all grounds upon which the protesting party asserts that the solicitation or award was improper. Issues not raised by the protesting party in the protest are deemed waived and may not be raised on appeal.
- c. The protesting party may submit with the protest any documents or information deemed relevant.
- 4. Notice of protest: If award has been made, the Superintendent shall notify the successful bidder or contractor of the protest. If the protest is received before award and substantial issues are raised by the protest, all bidders who appear to have a substantial and reasonable prospect of winning the award shall be notified and may file their agreement/disagreement with the Superintendent within three days after receipt of notice of the protest.
- 5. Stay of Procurement: The Superintendent shall immediately decide, upon receipt of the protest, whether or not the solicitation or award should be stayed, or if the protest is timely received after the reward, whether the performance of the contract should be suspended. If it is deemed that the protest has merit, the Superintendent shall not proceed further with the bid process or award of the contract, and shall suspend performance under the contract if awarded, unless the award of the contract without delay is necessary to protect the substantial interests of the School District.

6. Procedures:

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- a. Within five days of receipt of the protest, the Superintendent shall submit to the protesting party a response to the protest. The protesting party then has five days to file a response.
- b. The Superintendent shall review and decide the merits of the protest based on all documentation and information, including the initial protest, subsequent responses, and any additional documentation provided. The Superintendent may, in her/her sole discretion, conduct a hearing.
- c. If the protest occurred prior to the bid opening date, the Superintendent shall decide on the merits of the protest within a reasonable time period, and, if necessary, reschedule the bid award accordingly. If the protest occurred subsequent to the bid opening, the Superintendent shall decide on the merits of the protest prior to the final vote of award by the Board of Directors.
- d. Within five days of making his decision, the Superintendent shall notify all affected parties in writing of his determination. The determination shall state the reason for the decision, and if the determination is a denial of the protest, inform the protesting party of its right to file an action in the Commonwealth Court within fifteen days of the determination mailing date.

Riverside School District 7th - 12th Grade Breakfast Menu 21 Day Cycle Menu

Day 1	Day 2	Day 3	Day 4	Day 5
Bacon, Egg, and Cheese	Sausage , Egg, and Cheese		Bacon, Egg, and Cheese Bagel	
Breakfast Flatbread	Bagel Sandwich	French Toast Sticks w/ Sausage	Sandwich	Strawberry Parfait w/ Cerea
Orange Juice	Fresh Pear	Raisins	Banana	Apple
Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit
Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon
Stuffed Bagels	Stuffed Bagels	Stuffed Bagels	Stuffed Bagels	Stuffed Bagels
Poptarts	Poptarts	Poptarts	Poptarts	Poptarts
NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars
Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles
Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana
Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread
Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch
and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bar
Ciniminis	Ciniminis	Ciniminis	Ciniminis	Ciniminis
Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles
Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes
Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and
Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt
Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls
Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oralige Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Milk*	Milk*	Milk*	Milk*	Milk*
Day 6	Day 7	Day 8	Day 9	Day 10
		the feet and Chance Below	F Channe Brand	
Ham, Egg, and Cheese	Sausage , Egg, and Cheese	Ham, Egg, and Cheese Baked	Egg and Cheese Bagel	W : : :
Breakfast Flatbread	Bagel Sandwich	Omelet w/ a Toasted Bagel	Sandwich	Vanilla Parfait w/ Cereal
Orange Juice	Fresh Pear	Raisins	Banana	Apple
Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit
	6. 1. 1.0.	ci l lci	Clarity and Clarity	Church aure and Changes
Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon	Strawberry and Cinnamon
Stuffed Bagels	Stuffed Bagels	Stuffed Bagels	Stuffed Bagels	Stuffed Bagels
Poptarts	Poptarts	Poptarts	Poptarts	Poptarts
NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars
Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles
Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana
Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread
		7.0	T. 0	Tele Class To 10
Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Crunch,	Trix, Cinnamon Toast Cruno
and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bars	and Cocoa Puffs Cereal Bar
Ciniminis	Ciniminis	Ciniminis	Ciniminis	Ciniminis
Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles
Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes
Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and
Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt
Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls
Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
4			A 4111.4	A 4111.4
Milk*	Milk*	Milk*	Milk*	Milk*
Day 11	Day 12	Day 13	Day 14	Day 15

Riverside School District 7th - 12th Grade Breakfast Menu 21 Day Cycle Menu

Sausage, Egg, and Cheese Breakfast Flatbread	Sausage , Egg, and Cheese Bagel Sandwich	Veggie, Egg, and Cheese Baked Omelet w/ a Toasted Bagel	Bacon, Egg, and Cheese Bagel Sandwich	Blueberry Parfait w/ Cereal
Orange Juice	Fresh Pear	Raisins	Banana	Apple
Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit
Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels
Poptarts	Poptarts	Poptarts	Poptarts	Poptarts
NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars
Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles
Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana
Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread	Breakfast Bread
Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars
Ciniminis	Ciniminis	Ciniminis	Ciniminis	Ciniminis
Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles	Mini Maple Waffles
Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes	Confetti Pancakes
Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and	Cherry, Blueberry, and
Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt	Strawberry Greek Yogurt
Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls	Assorted Cereal Bowls
Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese	Bagels w/ Cream Cheese
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Milk*	Milk*	Milk*	Milk*	Milk*
Day 16	Day 17	Day 18	Day 19	Day 20
Egg and Cheese Breakfast Flatbread	Sausage , Egg, and Cheese Bagel Sandwich	Bacon, Egg and Cheese Baked Omelet w/ a Toasted Bagel	Bacon, Egg, and Cheese Bagel Sandwich	Blueberry Parfait w/ Cereal
Orange Juice	Fresh Pear	Raisins	Banana	Apple
Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit	Assorted Grab & Go Fruit
Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels	Strawberry and Cinnamon Stuffed Bagels
Poptarts	Poptarts	Poptarts	Poptarts	Poptarts
NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars	NutriGrain Bars
Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles	Apple Frudles
Chocolate Chip Banana				
	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana	Chocolate Chip Banana
Breakfast Bread				Chocolate Chip Banana Breakfast Bread
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles
Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and
Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt
Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese Apple Juice	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese Apple Juice	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese Apple Juice	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese Apple Juice	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese Apple Juice
Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Chocolate Chip Banana Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese	Breakfast Bread Trix, Cinnamon Toast Crunch, and Cocoa Puffs Cereal Bars Ciniminis Mini Maple Waffles Confetti Pancakes Cherry, Blueberry, and Strawberry Greek Yogurt Assorted Cereal Bowls Bagels w/ Cream Cheese

	Day 21
	Veggie, Egg and Cheese
	Breakfast Flatbread
	Orange Juice
-	Assorted Grab & Go Fruit
S	trawberry and Cinnamon
	Stuffed Bagels
	Poptarts
	NutriGrain Bars
	Apple Frudles
	Chocolate Chip Banana
	Breakfast Bread
Tri	x, Cinnamon Toast Crunch,
ar	nd Cocoa Puffs Cereal Bars
	Ciniminis
	Mini Maple Waffles
	Confetti Pancakes
	Cherry, Blueberry, and
	Strawberry Greek Yogurt
	Assorted Cereal Bowls
	Bagels w/ Cream Cheese
	Apple Juice
	Orange Juice
	Milk*

Riverside School District 7th - 12th Grade Breakfast Menu 21 Day Cycle Menu

21 Day Cycle Micha		
* - Milk (1% W	hite, skim, or fat free flavored (cho	ocolate or strawberry)

Brand or Equivalent foods.

Riverside School District K-6 Lunch Menu 21 Day Cycle Menu

Day 1	Day 2	Day 3	Day 4	Day 5
				Buffalo Chicken Patty or
Crispy Chicken Snack Wrap	Sausage and Pepper Sub	Bacon Cheeseburger	Waffles with Turkey Sausage	Pepperoni Pizza
Cheeseburger	Popcorn Chicken w/ Roll	Cheese Quesadilla w/ Salsa	Chicken Patty	Cheese Pizza
Turkey and Cheese Wrap				
Whole Grain Cheese Sandwich				
Seasoned Fries	Diced Carrots	Sweet Pottoes	Tater Tots	Steamed Broccoli
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad				
Fruit Cocktail	Sliced Peaches	Diced Pears	Cherries	Orange Juice
Apple Sauce	Fresh Orange	Applesauce	Fresh Banana	Apple Slices
Milk*	Milk*	Milk*	Milk*	Milk*

Day 6	Day 7	Day 8	Day 9	Day 10
Grilled Cheese with Tomato	Penne Pasta w/ Marianra and		Gobbler Bowl (Turkey, Stuffing,	
Soup	Meatballs	Viking-Fil-a Sandwich	Corn, Gravy)	Tater Tot Nachos
Cheeseburger	Popcorn Chicken w/ Roll	Cheese Quesadilla w/ Salsa	Chicken Patty	Cheese Pizza
Peach Parfait	Peach Parfait	Peach Parfait	Peach Parfait	Peach Parfait
Whole Grain Cheese Sandwich	Whole Grain Cheese Sandwich			
Mixed Vegetables	Peas	Seasoned Waffle Fries	Mashed Potatoes	Steamed Broccoli
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Fruit Cocktail	Sliced Peaches	Diced Pears	Cherries	Orange Juice
Apple Sauce	Fresh Orange	Applesauce	Fresh Banana	Apple Slices
Milk*	Milk*	Milk*	Milk*	Milk*

Day 11	Day 12	Day 13	Day 14	Day 15
Ham and Cheese Pretzel Bun				Pepperoni Pizza or Mini Corn
Melt	Baked Mac and Cheese	Beef Nachos	Meatball Sub	Dogs
Cheeseburger	Popcorn Chicken w/ Roll	Cheese Quesadilla w/ Salsa	Chicken Patty	Cheese Pizza
Build Your Own Pizza Bagel				
Whole Grain Cheese Sandwich				
Mixed Vegetables	Steamed Broccoli	Kickin' Pinto Beans	Steamed Carrots	Peas
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad				
Fruit Cocktail	Sliced Peaches	Diced Pears	Cherries	Orange Juice
Apple Sauce	Fresh Orange	Applesauce	Fresh Banana	Apple Slices
Milk*	Milk*	Milk*	Milk*	Milk*

^{***}Brand or Equivalent foods.***

Riverside School District K-6 Lunch Menu 21 Day Cycle Menu

Day 16	Day 17	Day 18	Day 19	Day 20
General Tso Chicken with Lo		French Toast Sticks w/ Turkey		
Mein	Beef Soft Tacos	Sausage	Hotwing Hoagie or Hot Dog	Fish Sticks w/ Texas Toast
Cheeseburger	Popcorn Chicken w/ Roll	Cheese Quesadilla w/ Salsa	Chicken Patty	Cheese Pizza
Turkey Chef Salad	Turkey Chef Salad	Turkey Chef Salad	Turkey Chef Salad	Turkey Chef Salad
Whole Grain Cheese Sandwich	Whole Grain Cheese Sandwich	Whole Grain Cheese Sandwich	Whole Grain Cheese Sandwich	Whole Grain Cheese Sandwich
Mixed Vegetables	SouthWest Corn	Smiley Fries	Steamed Carrots	Peas
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Fruit Cocktail	Sliced Peaches	Diced Pears	Cherries	Orange Juice
Apple Sauce	Fresh Orange	Applesauce	Fresh Banana	Apple Slices
Milk*	Milk*	Milk*	Milk*	Milk*

Day 21
Chicken Dumplings w/ Fried
Rice
Cheeseburger
Popcorn Chicken Salad
Whole Grain Cheese Sandwich
Mixed Vegetables
Fresh Baby Carrots
Garden Salad
Fruit Cocktail
Apple Sauce
Milk*

* - Milk (1% White or fat free flavored chocolate)

^{***}Brand or Equivalent foods.***

Riverside School District K-6 Breakfast Menu 21 Day Cycle Menu

Day 1	Day 2	Day 3	Day 4	Day 5
		Strawberry Cream Cheese Filled		
Nutrigrain Bar, Cheese Stick	Plain Bagel w/ Cream Cheese	Bagel	Trix Cereal Bar, Yogurt	Muffin, Cheese Stick
Cinnamon Bunny Grahams,	Cinnamon Bunny Grahams,	Cinnamon Bunny Grahams,	Cinnamon Bunny Grahams,	Cinnamon Bunny Grahams,
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Fresh Banana	Apple Juice	Fresh Apple	100% Orange Juice	Fresh Pear
Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit
Milk*	Milk*	Milk*	Milk*	Milk*

Day 6	Day 7	Day 8	Day 9	Day 10
	Chocolate Chip Banana			
Poptart, Cheese Stick	Breakfast Round	Egg and Cheese Bagel Sandwich	Trix Cereal Bar, Yogurt	Muffin, Cheese Stick
NutriGrain Bar, Cheese Stick	NutriGrain Bar, Cheese Stick	NutriGrain Bar, Cheese Stick	NutriGrain Bar, Cheese Stick	NutriGrain Bar, Cheese Stick
Fresh Banana	Apple Juice	Fresh Apple	100% Orange Juice	Fresh Pear
Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit
Milk*	Milk*	Milk*	Milk*	Milk*

^{***}Brand or Equivalent foods.***

Riverside School District K-6 Breakfast Menu 21 Day Cycle Menu

Day 11	Day 12	Day 13	Day 14	Day 15
		Cinnamon Raisin Bagel w/		
Poptart, Yogurt	Mini Maple Waffles	Cream Cheese	Cocoa Puffs Cereal Bar, Yogurt	Muffin, Cheese Stick
Cereal Bowl, Yogurt	Cereal Bowl, Yogurt	Cereal Bowl, Yogurt	Cereal Bowl, Yogurt	Cereal Bowl, Yogurt
Fresh Banana	Apple Juice	Fresh Apple	100% Orange Juice	Fresh Pear
Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit
Milk*	Milk*	Milk*	Milk*	Milk*

Day 16	Day 17	Day 18	Day 19	Day 20
		Whole Grain Bagel w/ Cream	Lucky Charms Cereal Bar,	
Poptart, Yogurt	Confetti Pancakes	Cheese	Yogurt	Muffin, Cheese Stick
Strawberry Yogurt Chex,	Strawberry Yogurt Chex,	Strawberry Yogurt Chex, Cheese	Strawberry Yogurt Chex,	Strawberry Yogurt Chex,
Cheese Stick	Cheese Stick	Stick	Cheese Stick	Cheese Stick
Fresh Banana	Apple Juice	Fresh Apple	100% Orange Juice	Fresh Pear
Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit	Grab and Go Fruit
Milk*	Milk*	Milk*	Milk*	Milk*

^{***}Brand or Equivalent foods.***

Riverside School District K-6 Breakfast Menu 21 Day Cycle Menu

Day 21	
Soft Baked Cinnamon Toast I	Bar
Whole Grain Krispy Rice Ba	r,
Yogurt	
Fresh Banana	
Grab and Go Fruit	
Milk*	

* - Milk (1% White, skim, or fat free flavored (chocolate or strawberry)

^{***}Brand or Equivalent foods.***

Riverside School District 7th - 12th Grade Lunch Menu 21 Day Cycle Menu

Day 1	Day 2	Day 3	Day 4	Day 5
		BBQ Baked Chicken w/ a Dinner		
Crispy Chicken Snack Wrap	Sausage and Peppers Sub	Roll	Waffles w/ Turkey Sausage	Meatball Sub
Seasoned Fries	Diced Carrots	Sweet Potatoes	Tater Tots	Steamed Broccoli
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Fruit Cocktail	Peaches	Diced Pears	Clementines	Orange Juice
Apple Juice	Fresh Orange	Apple Sauce	Banana	Apple
Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets
Chicken Tenders	Chicken Tenders	Chicken Tenders	Chicken Tenders	Chicken Tenders
Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
Buffalo Chicken Patty	Buffalo Chicken Patty	Buffalo Chicken Patty	Buffalo Chicken Patty	Buffalo Chicken Patty
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Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub
Italian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub
Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub
Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza
Milk*	Milk*	Milk*	Milk*	Milk*
Day 6	Day 7	Day 8	Day 9	Day 10
		24,6	Day 9	Day 10
		24,0		Day 10
Grilled Cheese and Tomato	Penne Marinara w/ Meatballs		Gobbler Bowl (Turkey, Stuffing,	
Soup	or Chicken Alfredo	Viking-Fil-A Chicken Sandwich	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn)	Tater Tot Nachos
Soup Steamed Carrots	or Chicken Alfredo Peas	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes	Tater Tot Nachos Steamed Broccoli
Soup Steamed Carrots Fresh Baby Carrots	or Chicken Alfredo Peas Fresh Cucumber Slices	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes
Soup Steamed Carrots Fresh Baby Carrots Garden Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice
Soup Steamed Carrots Fresh Baby Carrots Garden Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait
Soup Steamed Carrots Fresh Baby Carrots Garden Salad Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	or Chicken Alfredo Peas Fresh Cucumber Slices Garden Salad Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Viking-Fil-A Chicken Sandwich Seasoned Waffle Fries Fresh Celery Sticks Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Gobbler Bowl (Turkey, Stuffing, Gravy, Corn) Mashed Potatoes Fresh Broccoli Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Tater Tot Nachos Steamed Broccoli Fresh Cherry Tomatoes Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Bosco Sticks Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait

Riverside School District 7th - 12th Grade Lunch Menu

21 Day Cycle Menu

	Milk*	Milk*	Milk*	Milk*
Day 11	Day 12	Day 13	Day 14	Day 15
Ham and Cheese Pretzel Bun	Day 12	Day 13	Day 14	Day 13
Melt	Baked Mac & Cheese	Beef Nachos	Southwest Chili w/ Rice	Fish Tacos w/ Sriracha Slav
Peas	Mixed Vegetables	Kickin' Pinto Beans	Steamed Carrots	Steamed Broccoli
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Fruit Cocktail	Peaches	Diced Pears	Clementines	Orange Juice
Apple Juice	Fresh Orange	Apple Sauce	Banana	Apple
Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets	Chicken Nuggets
Chicken Tenders	Chicken Tenders	Chicken Tenders	Chicken Tenders	Chicken Tenders
Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
Mozzarella Pizza Crunchers	Mozzarella Pizza Crunchers	Mozzarella Pizza Crunchers	Mozzarella Pizza Crunchers	Mozzarella Pizza Cruncher
Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub	Turkey and Cheese Sub
Italian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub
Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub	Ham and Cheese Sub
Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait	Fruit and Yogurt Parfait
Truit and Togult Farialt	Truit and Toguit Fariait	Truit and Toguit Fariait	Truit and Toguit Farialt	Truit and Toguit Fariait
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza
Milk*	Milk*	Milk*	Milk*	Milk*
Day 16	Day 17	Day 18	Day 19	Day 20
General Tso Chicken w/ Lo				Boneless Wing Bar w/ Garl
Mein	Build Your Bowl Burrito Bowl	French Toast Sticks w/ Sausage	Hot Wing Hoagie	Bread Sticks
Peas	Southwest Corn	Sweet Potato Fries	Steamed Carrots	Steamed Broccoli
Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Celery Sticks		
	11.0011.00101111101.011010		Fresh Broccoll	I Fresh Cherry Tomatoes
perec debien	Garden Salad		Fresh Broccoli Garden Salad	Fresh Cherry Tomatoes
Garden Salad Fruit Cocktail	Garden Salad Peaches	Garden Salad	Garden Salad	Garden Salad
Fruit Cocktail Apple Juice	Garden Salad Peaches Fresh Orange			
Fruit Cocktail Apple Juice	Peaches Fresh Orange	Garden Salad Diced Pears Apple Sauce	Garden Salad Clementines Banana	Garden Salad Orange Juice Apple
Fruit Cocktail Apple Juice Chicken Nuggets	Peaches Fresh Orange Chicken Nuggets	Garden Salad Diced Pears Apple Sauce Chicken Nuggets	Garden Salad Clementines Banana Chicken Nuggets	Garden Salad Orange Juice Apple Chicken Nuggets
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders	Peaches Fresh Orange Chicken Nuggets Chicken Tenders	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders	Peaches Fresh Orange Chicken Nuggets Chicken Tenders	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad
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Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza Pepperoni Pizza
Fruit Cocktail Apple Juice Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait	Peaches Fresh Orange Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Diced Pears Apple Sauce Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Clementines Banana Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait Cheese Pizza	Garden Salad Orange Juice Apple Chicken Nuggets Chicken Tenders Chicken Patty Sandwich Cheeseburger Grilled Cheese Turkey and Cheese Sub Italian Sub Ham and Cheese Sub Chicken Caesar Wrap Chicken Caesar Salad Chef Salad Fruit and Yogurt Parfait

^{***}Brand or Equivalent foods.***

Day 21
Broccoli Cheddar Baked Potato
California Blend Vegetables
Fresh Baby Carrots
Garden Salad
Fruit Cocktail
Apple Juice
Chicken Nuggets
Chicken Tenders
Chicken Patty Sandwich
Cheeseburger
Buffalo Chicken Patty
Turkey and Cheese Sub
Italian Sub
Ham and Cheese Sub
Chicken Caesar Wrap
Chicken Caesar Salad
Chef Salad
Fruit and Yogurt Parfait
-

Riverside School District 7th - 12th Grade Lunch Menu 21 Day Cycle Menu

LI Day Cycle IVIC	1u		
* - Milk (1	% White, skim, or fat free	flavored (chocolate or straw	berry)

SNP Average Daily Participation (ADP)

SFA: Riverside School District

; ie.,	. (do ial										
All other cash sales	milk, a la carte, etc. (do not include special functions)	\$ 315.50	\$ 60.00	\$ 241.25							\$ 616.75
Selling Price	tlubA										
	Student										
ool Snacks	Reduced										0
Reimbursable After School Snacks	9914										0
Reimbursa	bisq										0
Selling Price	tlubA										
Selling	Student					*					
akfasts	Reduced										0
Reimbursable Breakfasts	991 1	80	185	155							420
Reimb	bisq	0	0	0							0
Price	tlubA	\$ 4.73	\$ 4.73	\$ 4.73							
Selling Price	Student										
nches	Keduced				**						0
Reimbursable Lunches	Free	350	195	260							805
Reim	bisq	0	0	0							0
tnə	Entollm	702	342	452							1496
	Site Name	Riverside Jr./Sr. High School	Riverside Elementary West	Riverside Elementary East							TOTALS

SNP Average Daily Participation (ADP)

SFA: Riverside School District

	ıent	Reim	Reimbursable Lunches	ıches	Selling Price	Price	Reimbur	Reimbursable Breakfasts	fasts	Selling Price		eimbursabl	Reimbursable After School Snacks	ol Snacks	Selling Price		All other cash sales; ie.,
	Entolln	bis4	9914	Keduced	Student	HubA	bisq	F166	Keduced	Student	ilubA	bis¶	991 ^A	Keduced	Student	tlubA	mik, a la carte, etc. (do not include special functions)
															_		
TOTALS	1496	0	805	0			0	420	0			0	0	0			\$ 616.75

SNP Cost Responsibility

SFA: Riverside School District

The SFA has deemed the following cost responsibility schedule to be a necessary part of this bid specification. Costs that are not provided for under the standard contract terms and conditions, but are necessary for the effective on-site operation of the food service program and are directly incurred for the SFA's operation, must be assigned by the SFA prior to the bid opening and designated below:

Food:	FSMC	SFA	N/A
Food Purchases	X		
Commodity Processing Charges	X		
Processing and Payment Invoices	X		
Labor for Employees:	FSMC	SFA	N/A
Fringe Benefits and Insurance	X		
Payroll Taxes	X		
Preparation and Processing Payroll	X		
Retirement	X		
Salaries/Wages	X		
Unemployment Compensation	X		
Workers Compensation	X		

The items listed below with an asterisk (*) are direct cost items that may or may not apply to each SFA. At local discretion, based upon actual practice and need, the SFA should assign cost responsibility for those items applicable to their operation or designate them as not applicable (N/A).

China/Silverware/Glassware:	FSMC	SFA	N/A
Initial Inventory		X	
Replacement During Operation	X		
Telephone:	FSMC	SFA	N/A
Local	X		
Long Distance	X		
Trash Removal:	FSMC	SFA	N/A
From Kitchen	X		
From Dining Area	X		
From Premises		X	
Equipment Replacement:	FSMC	SFA	N/A
Expendable	X		
Non-expendable		X	
Equipment Repair:	FSMC	SFA	N/A
Kitchen Equipment		X	
*Vehicle Maintenance	X		
*Storage Costs:	FSMC	SFA	N/A
Food	X		
Supplies	X		
*Employee Recruitment:	FSMC	SFA	N/A
Initial	X		
Replacement	X		
*Product and Public Liability:	FSMC	SFA	N/A
Equipment	X		
Insurance	X		

Cost Responsibility Detail Sheet for SFA: Riverside School District

*Taxes:	FSMC	SFA	N/A
Sales	X		
Other	X		
Other Expenses:	FSMC	SFA	N/A
*Car/Truck Rental (include explanation in RFP)	X		
Cleaning/Janitorial Supplies	X		
*Courier Services (i.e., bank deposits, school deliveries)	X		
Laundry	X		
*License Fees	X		
*Linens	X		
*Office Supplies	X		
*Paper/Disposable Supplies	X		
Pest Control		X	
*Printing	X		
*Promotional Materials	X		
*Tickets/Tokens	X		
Uniforms	X		
Indirect Costs:	FSMC	SFA	N/A
Utilities		Х	
Indirect Labor		X	
Other: add other expenses charged to the food service account. Overhead expenses incurred by the FSMC are not allowable	FSMC	SFA	N/A
Cleaning Responsibilities:	FSMC	SEA	N/A
Cleaning Responsibilities:	FSMC	SFA	N/A
Cafeteria Walls	X	SFA	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs	X X	SFA	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors	X		N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work	X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans	X X X		N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment)	X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters	X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps	X X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods	X X X X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors	X X X X X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls	X X X X X X X X	X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures	X X X X X X X	X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors	X X X X X X X X	X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors Restrooms for Food Service Employees	X X X X X X X X	X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors Restrooms for Food Service Employees Serving Areas	X X X X X X X X X	X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors Restrooms for Food Service Employees Serving Areas Thorough Cleaning of Dining Room Tables and Chairs	X X X X X X X X X	X X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors Restrooms for Food Service Employees Serving Areas Thorough Cleaning of Dining Room Tables and Chairs Windows	X X X X X X X X X	X X X	N/A
Cafeteria Walls Daily Routine Cleaning of Dining Tables and Chairs Dining Room Floors Duct Work Exhaust Fans Food Preparation Areas (include equipment) Grease Filters Grease Traps Hoods Kitchen Floors Kitchen Walls Light Fixtures Periodic Waxing and Buffing of Dining Room Floors Restrooms for Food Service Employees Serving Areas Thorough Cleaning of Dining Room Tables and Chairs	X X X X X X X X X	X X X	N/A

FSMC Labor

Worksheet must accurately reflect any and all employees employed by the FSMC Labor to be completed by FSMC for FSMC Staff

FSMC:

For SFA: Riverside School District

Site Name	Position	Hourly Rate	Daily Hours	# of Days Paid	Total Wages
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00
					\$ 0.00

\$ 0.00 Enter on Summary of FSMC Labor Sub Total:

of

Page

Summary of FSMC Labor Enter the subtotals from the FSMC Labor Worksheets.

Subtotal Page 1			
Subtotal Page 2			
Subtotal Page 3			
Subtotal Page 4			
Subtotal Page 5			
Subtotal Page 6			
Subtotal Page 7			
Subtotal Page 8			
Subtotal Page 9			
Subtotal Page 10			
Subtotal Page 11			
Subtotal Page 12			
Subtotal Page 13			
Subtotal Page 14			
Subtotal Page 15			
Subtotal Page 16			
Subtotal Page 17			
Subtotal Page 18			
Subtotal Page 19			
Subtotal Page 20			
	Total:	\$ 0.00	

Cost Per Meal

Number of Meals

FSMC Benefits

Fringe Benefits to be completed by FSMC for FSMC Staff Worksheet must accurately reflect any and all employees employed by the FSMC.

FSMC:

For SFA: Riverside School District

	Total Fringe Benefits								
	Other								
	Worker's Comp	2							
	noisiV								
PLACE AN X IN THE APPROPRIATE BOXES	Unemployment								
ATE B	Social Security								
OPRI/	Retirement								
APPR	Longevity or Annuity								
THE,	Dife								
XIX	noitszilstiqeoH	×							
JE AN	Disability								
PLAC	Dental								
	Family								
	I+ əlgniZ								
	Single							7/	
	Position								
	Site Name								

Sub Total:

\$ 0.00

Enter on Summary of FSMC Fringe Benefits

of 1

Page 1

Summary of FSMC Fringe Benefits

Enter the subtotals from the FSMC Fringe Benefits Worksheets.

Subtotal Page 1 Subtotal Page 2			
Subtotal Page 3			
Subtotal Page 4			
Subtotal Page 5			
Subtotal Page 6			
Subtotal Page 7			
Subtotal Page 8			
Subtotal Page 9			
Subtotal Page 10			
Subtotal Page 11			
Subtotal Page 12			
Subtotal Page 13			
Subtotal Page 14			
Subtotal Page 15			
Subtotal Page 16			
Subtotal Page 17			
Subtotal Page 18			
Subtotal Page 19			
Subtotal Page 20			
	Total:	\$ 0.00	

SFA Site Listing General Data and Services to be Provided

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	Special Milk Program	Pre-K and/or Kindergarfen								
ģ	Snack	After School								
vide		Adult Meals	X	X	X					
Pro	ıch	A la Carte	X	X	X					
to be	Lunch	Offer vs. Serve	X	X	X					
ices		Meal	X	X	X					
Services to be Provided		slasM tlubA								
	cfast	A la Carte	X	X	X					
	Breakfast	Offer vs. Serve	X	X	X					
	П	Meal	X	X	X					
	ies	Afterschool Snack								
	Meal Service Times	Гипсћ	10:49-12:25	11:00-1:30	11:00-12:45					
	Me	Breakfast	7:15-7:55	8:20-8:50	9:20-9:50					
(40	onu4) sboi	# of Serving Per	3	4	3					
	Satellite	Self-Prep or	SP ~	SP <	BK					
	evels	Grade L	7-12	3-6	K-2					
		Address	310 Davis St. Taylor, PA 18517	School &Kreig St. Moosic, PA 18507	300 Davis St. Taylor, PA 18517					
		Site Name	Jr./Sr. High School	Elmentary East	Elmentary West					

Equipment Proposals and Payment Terms/Method

\$	SFA: Riverside School District	FSMC:			
Equipment Proj	posals: Section 14.J of the Request for P	roposal			
To be comple	ted by the SFA:				
Th	ne SFA is not requesting the FSMC to prop	oose purchase o	of equipment.		
	ne SFA is allowing the FSMC to propose enplementation or enhancement of operation				
	ne SFA is allowing the FSMC to propose explementation or enhancement of operation				
	Eq	uipment propo	sal is not to exceed:	\$ 100,00	00.00
Capital Expen	st obtain preapproval from DFN for each it nditure Request Process if nonprofit schoo he process for the purchase (even if the FS	l food service a	account funds are goir		
To be comple					
The FSMC mu	ust specify the equipment it proposes. Equipment			Cost	
~					
			•		
	То	tal Investment P.	roposed:	\$ 0.00	

Payment T	Terms/Method - Advance: Section 17.B of the Request for Proposal	
-	pleted by the SFA:	
\times	No, the SFA will not consider providing an advance payment to the FSMC.	
	Yes, the SFA will consider paying the FSMC an advance on operational expenses to reconciled by end of the first six months from the start of each school year (July1).	be
	pleted by the FSMC: The FSMC is requesting an advance of:	\$ 0.00
To be com	pleted by the SFA (after proposal evaluation):	
	Choose One	
	Ferms/Method - Incentives: Section 17.C of the Request for Proposal upleted by the SFA:	
To be com		prompt
To be com	No, the SFA will not consider any payment incentives such as discounts or credits for p	
To be com	No, the SFA will not consider any payment incentives such as discounts or credits for payment, electronic payment. Yes, the SFA will consider payment incentives such as discounts or credits for prompt payment, electronic payment.	
To be com	No, the SFA will not consider any payment incentives such as discounts or credits for payment, electronic payment. Yes, the SFA will consider payment incentives such as discounts or credits for prompt	

A prompt payment is one that is received within N/A days of the invoice date.