



# May 2023

## EAST ELEMENTARY SCHOOL LUNCH MENU

### SERVED DAILY WITH EVERY MEAL

Fruits & Vegetables  
Choices:  
Apples, Oranges,  
Bananas, Fruit Cups,  
100% Fruit Juice  
Baby Carrots Celery  
Sticks  
Milk Choices:  
1% Plain Fat Free Fat  
Free Chocolate  
Whole Grain Bread,  
Roll, or Crackers

Entrees to  
Choose From  
Include  
2 Hot Choices  
Or 1 Cold  
Choice with  
Vegetable, Fruit  
& Milk

**Menus are  
subject  
change.**

MON	TUES	WED	THURS	FRI
<b>HOT DOG</b> <sup>1</sup> <b>Chicken Nuggets</b> <b>w/bread</b> Bologna Sandwich Vegetable & Fruit	<b>CHEESEBURGER</b> <sup>2</sup> <b>Chicken Nuggets</b> <b>w/Roll</b> Ham Sandwich Vegetable & Fruit	<b>BBQ RIBLET ON A BUN</b> <sup>3</sup> <b>Chicken Nuggets</b> <b>w/bread</b> Chicken Caesar Salad Vegetable & Fruit	<b>BEEF NACHOS</b> <sup>4</sup> <b>Chicken Nuggets</b> <b>w/Roll</b> Turkey & Ch. Sand. Vegetable & Fruit	<b>CHEESE PIZZA</b> <sup>5</sup> <b>Hot Dog</b> Turkey & Ch. Sand Vegetable & Fruit
<b>BKD. CHEESE STICKS</b> <sup>8</sup> <b>W/SAUCE</b> <b>Chicken Patty on a</b> <b>roll</b> Ham & Ch. Sandwich Vegetable & Fruit	<b>FRENCH TOAST STICKS</b> <sup>9</sup> <b>WITH SAUSAGE</b> <b>Chicken Nuggets</b> <b>w/Roll</b> Bologna & Ch. Sandwich Vegetable & Fruit	<b>GRILLED CHEESE</b> <sup>10</sup> <b>OR</b> <b>Chicken Patty on a</b> <b>roll</b> Chicken Caesar Salad Vegetable & Fruit	<b>WALKING TACO</b> <sup>11</sup> <b>Chicken Nuggets</b> <b>w/Roll</b> Turkey & Ch. Sand. Vegetable & Fruit	<b>BRD.FISH STICKS</b> <sup>12</sup> <b>W/ROLL</b> <b>PEPPERONI PIZZA</b> Turkey & Ch.Wrap Vegetable & Fruit
<b>CHICKEN</b> <sup>15</sup> <b>TENDERS/Bread</b> <b>CHEESEBURGER</b> Ham & Ch. Sand Vegetable & Fruit	<b>MEATBALL SUB</b> <sup>16</sup> <b>OR</b> <b>Chicken Nuggets</b> <b>w/Roll</b> Bologna & Ch. Sand. Vegetable & Fruit	<b>HOT DOG ON A ROLL</b> <sup>17</sup> <b>CHEESEBURGER</b> Popcorn Chicken Salad Vegetable & Fruit	<b>BEEF NACHOS</b> <sup>18</sup> <b>OR</b> <b>CHICKEN</b> <b>NUGGETS</b> <b>W/ROLL</b> Turkey & Ch. Sand. Vegetable & Fruit	<b>CHEESE PIZZA</b> <sup>19</sup> <b>OR</b> <b>Saus. Egg &amp; Ch.</b> <b>Sandwich</b> Turkey & Ch. Wrap Vegetable & Fruit
<b>FRENCH TOAST</b> <sup>22</sup> <b>W/SAUSAGE</b> <b>OR</b> <b>CHEESEBURGER</b> Ham & Ch.Sandwich Vegetable & Fruit	<b>HOT DOG</b> <sup>23</sup> <b>OR</b> <b>POPCORN CHICKEN</b> <b>W/ROLL</b> Ham & Ch. Sandwich Vegetable & Fruit	<b>MINI CORN DOGS</b> <sup>24</sup> <b>OR</b> <b>CHEESEBURGER</b> Chicken Caesar Salad Vegetable & Fruit	<b>WALKING TACO</b> <sup>35</sup> <b>OR</b> <b>CHICKEN NUGGETS</b> <b>W/ROL</b> Turkey & Ch. Sand Vegetable & Fruit	<b>CHEESE PIZZA</b> <sup>26</sup> <b>Brd.Fish Sticks</b> <b>w/Roll</b> Turkey & Ch. Wrap Vegetable & Fruit
	<b>POPCORN CHICKEN</b> <sup>30</sup> <b>BITES w/ Bread</b> <b>HOT DOG ON A BUN</b> Ham & Ch. Wrap Vegetable & Fruit	<b>PEPPERONI AND</b> <sup>31</sup> <b>CHEESE STICK</b> Chicken Patty Sandwich Chef's Salad Vegetable & Fruit	<b>ALL MEALS ARE FREE FOR ALL STUDENTS</b>	

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To make a complete meal, students must select foods from at least 3 different food groups with one of the items being a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only ½ c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.



This institution is an equal opportunity provider.