

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Ham, Egg and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers	2 Blueberry Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals (Cinnamon Toast Crunch, Lucky Charms, Mini Wheats) Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, and strawberry Daily Option: -Stuffed Bagels -Assorted Poptarts -Assorted Muffins -Greek Yogurt -Mini Waffles or Pancakes (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
5 Egg and Cheese on a Croissant Assorted Cereals or Cereal Bar with Graham Crackers	6 Sausage, Egg, and Cheese Bagel Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	7 Ham, Egg, and Cheese Bagel Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	8 Egg and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers	9 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	
12 Sausage, Egg, and on a Croissant Assorted Cereals or Cereal Bar with Graham Crackers	13 Sausage, Egg, and Cheese Bagel Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	14 French Toast Sticks with Strawberries Assorted Cereals or Cereal Bar with Graham Crackers	15 Ham, Egg and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers	16 Strawberry Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	
19 Egg and Cheese on a Croissant Assorted Cereals or Cereal Bar with Graham Crackers	20 Sausage, Egg, and Cheese Bagel Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	21 Ham, Egg and Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	22 Egg and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers	23 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	
26 	27 Sausage, Egg, and Cheese Bagel Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	28 French Toast Sticks with Strawberries Assorted Cereals or Cereal Bar with Graham Crackers	29 Ham, Egg and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers	30 Blueberry Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



