



2019

March



Health For Life

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p>HAPPY ST. PATTY'S DAY</p>		<p>PRICES: Free Reduced - \$.40 Paid - \$2.30</p>		<p>READ ACROSS AMERICA</p> <p>Dr. Seuss Day on Friday, March 1st.</p> <p>Green Eggs and Ham Samples during lunch.</p>				<p>1 Chicken Tenders w/WG Brd. Cheese Pizza Brd.Chick.Caesar Sal.w/Wg Crkrs Baked Fries Seasoned Peas Fresh Baby Carrots Diced Peaches or Fresh Fruit</p>	
<p>4 Mozz.Sticks w/Marinara Cheeseburger Brd.Chick.Caesar Salad w/WG Crackers Sweet Golden Corn Baked Fries Fresh Broccoli Fresh Fruit or Juice</p>		<p>5 BBQ Rib Sandwich Chicken Patty Sandwich Turkey & Cheese Sandwich Baked Fries Green Beans Fresh Red Pepper Slices Mixed Fruit Cup or Juice</p>		<p>6 Fish Sticks w/WG Brd. Chicken Nuggets w/WG Brd. Ham & Cheese Sand. Baked Tater Tots Steamed Broccoli Fresh Baby Carrots Diced Pears or Fresh Fruit</p>		<p>7 Walking Taco Chick.Nuggets w/WG Brd. Ham & Cheese Wrap Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Fresh Fruit or Juice</p>		<p>8 Hot Dog on a Bun Cheese Pizza Brd. Chick.Caesar Salad w/WG Crackers Baked Fries Steamed Carrots Cucumber & Tomato Salad Applesauce or Juice</p>	
<p>11 Meatball Sub Chicken Patty Sandwich Ham & Cheese Sand. Baked Tater Tots Sweet Peas Fresh Tomato Wedges Fresh Fruit or Juice</p>		<p>12 Salisbury Steak w/Gravy Cheeseburger All Amer.Cobb Salad w/WG Crkrs. Seasoned Green Beans Golden Corn Cucumber & Tomato Salad Applesauce or Juice</p>		<p>13 Mini Corn Dogs Chicken Nuggets w/WG Brd. Turkey & Cheese Sand. Campfire Beans Seasoned Peas Garden Salad Fresh Fruit or Juice</p>		<p>14 Pork BBQ on a Bun Chick.Nuggets w/WG Brd. Popcorn Chick.Salad w/Wg Crackers Baked Tater Tots Orange Glazed Carrots Fresh Baby Carrots Applesauce or Juice</p>		<p>15 Pierogies Cheese Pizza Brd.Chick.Caesar Salad w/WG Crackers Steamed Rice Steamed Broccoli Garden Salad Fresh Fruit or Juice</p>	
<p>18 French Tst.Sticks w/Sausage Pork BBQ on a Bun Turkey & Cheese Wrap Seasoned Peas Baked Tater Tots Fresh Broccoli Applesauce or Juice</p>		<p>19 Chicken Patty Sandwich Cheeseburger Buffalo Chick.Salad w/WG Crackers Green Beans Baked Fries Red Pepper Slices Fresh Fruit or Juice</p>		<p>20 Hot Dog on a Bun Chicken Nuggets w/Wg Brd. Turkey & Cheese Sandwich Baked Fries Steamed Carrots Garden Salad Diced Peaches or Juice</p>		<p>21 Walking Taco Chick.Nuggets w/Wg Brd. Brd.Chick.Caesar Salad w/WG Crackers Vegetarian Baked Beans Steamed Rice Fresh Celery Sticks Fresh Fruit or Juice</p>		<p>22 Grilled Cheese on Pretz.Roll Cheese Pizza Ham & Cheese Sandwich Steamed Broccoli Baked Fries Garden Salad Mixed Berry Cup or Fresh Fruit</p>	
<p>25 Philly Cheese Steak Chicken Patty Sandwich Ham & Cheese Sandwich Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Applesauce or Juice</p>		<p>26 Hot Ham & Ch.on Pretzel Roll Chicken Nuggets w/Wg Brd. Brd.Chick.Caesar Salad w/WG Crackers Green Beans Baked Fries Garden Salad Fresh Fruit or Juice</p>		<p>27 Baked Chicken Hot Dog on a Bun Turkey & Cheese Sandwich Cinn.Sweet Potatoes Seasoned Peas Fresh Baby Carrots Diced Peaches or Juice</p>		<p>28 Hot Wing Hoagie Chicken Patty Sandwich Ranch Chick.Salad w/Wg Crkrs. Baked Tater Tots Campfire Beans Fresh Baby Carrots Applesauce or Juice</p>		<p>29 Macaroni & Cheese Pepperoni Pizza Brd.Chick.Caesar Salad w/WG Crackers Baked Fries Stewed Tomatoes Garden Salad Diced Pears or Juice</p>	

More Info...

Offered Daily
Fresh Fruit
Or Juice

Fresh Vegetables

1% Milk
Skim Milk
Chocolate Skim Milk

All Breads, Rolls,
Pasta and Pizza
Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.

Riverside Elementary West Lunch Menu

