

FOOD FUN

2019

September



Riverside Elementary West Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY	3 WELCOME BACK	4 Hamburger on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Fries Fresh Celery Sticks Fresh Fruit or Juice	5 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Bologna & Cheese Sandwich Campfire Beans Fresh Baby Carrots Diced Peaches or Juice	6 Chicken Patty Sand. Cheese Pizza Turkey & Cheese Wrap Baked Fries Steamed Broccoli Mixed Fruit Cup or Juice
9 Hamburger on a Bun Chicken Patty Sandwich Bologna & Cheese Sand. Sweet Golden Corn Garden Salad Fresh Fruit or Juice	10 Salisbury Steak w/Gravy Chicken Nuggets w/WG Brd. Ham & Cheese Sand. Parslied Noodles Green Beans Fresh Red Pepper Slices Applesauce or Juice	11 Popcorn Chicken Chicken Nuggets w/WG Brd. Turkey & Cheese Salad Steamed Rice Steamed Broccoli Garden Salad Fresh Fruit or Juice	12 Chicken Tenders w/WG Brd. Hot Dog on a Bun Ham & Cheese Wrap Baked Fries Fresh Celery Sticks Diced Pears or Juice	13 Chicken Patty Sandwich Pepperoni Pizza Turkey Sandwich Baby Carrots Baked Tater Tots Fresh Fruit or Juice
16 Chicken Patty Sandwich Hamburger Turkey & Cheese Sand. Roasted Mixed Vegetables Fresh Tomato Wedges Diced Peaches or Juice	17 Hamburger Chicken Nuggets w/WG Brd. All American Chef Salad Mashed Potatoes Sweet Golden Corn Cucumber Slices Fresh Fruit or Juice	18 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Tater Tots Orange Glazed Carrots Celery Sticks Diced Pears or Juice	19 Nacho Platter Cheesesteak Sandwich Popcorn Chicken Salad Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice	20 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Wrap Baked Fries Steamed Broccoli Garden Salad Mixed Fruit Cup or Juice
23 Hamburger Chicken Nuggets w/WG Brd. Chicken Caesar Salad Baked Tater Tots Fresh Broccoli Diced Pears or Juice	24 Chicken Patty Sandwich Fish Sticks w/WG Brd. Ham & Cheese Sandwich Baked Fries Green Beans Fresh Baby Carrots Fresh Fruit or Juice	25 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Turkey & Cheese Sand. Sweet Peas Garden Salad Mixed Fruit Cup or Juice	26 Nacho Platter Chicken Nuggets w/WG Brd. Chicken Caesar Salad Steamed Rice Vegetarian Baked Beans Celery Sticks Applesauce or Fresh Fruit	27 Hot Dog on a bun Pepperoni Pizza Ham & Cheese Wrap Steamed Carrots Cucumber & Tom.Salad Fresh Fruit or Juice
30 Hot Dog on a Bun Chicken Patty Sandwich Ham & Cheese Sandwich Steamed Carrots Brown Rice Fresh Broccoli Fresh Fruit or Mixed Frt.Cup	Foodservice Substitute Positions Available. Apply online at: www.aramark.com Search Taylor PA/Riverside			Prices: Paid Lunch \$ Free Reduced \$ Free Free \$.0

More Info...

Offered Daily:

Fresh Fruit Or Juice

Fresh Vegetables

1% Milk
 Skim Milk
 Chocolate Skim Milk

All Breads, Rolls, Pasta and Pizza Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.