

2017

Riverside Elementary Lunch Menu

FOOD X FUN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Chicken Patty Sandwich Hot Dog on a Bun Ham & Cheese Sand. Baked Fries Seasoned Peas Garden Salad Fresh Fruit or Juice	2 Hamburger on a Bun Chicken Nuggets w/Cheez Its Chicken Caesar Salad w/Crkrs Vegetarian Baked Beans Green Beans Fresh Red Pepper Slices Applesauce or Juice	3 Cheeseburger on a Bun Chicken Nuggets w/WG Brd. All Amer.Chef Salad w/Crkrs. Baked Tater Tots Seasoned Carrots Garden Salad Fresh Fruit or Juice	4 Nachos Hot Dog on a Bun Turkey & Ch.Sandwich Steamed Rice Vegetarian Baked Beans Garden Salad Cantaloupe or Juice	5 General Tso's Chicken Cheese Pizza Chick.Caesar Sal.w/Brd. Steamed Rice Steamed Broccoli Fresh Baby Carrots Fresh Fruit or Juice	More Info Offered Daily: Fresh Fruit Or Juice
8 Philly Cheesesteak Hot Dog on a Bun Turkey & Cheese Wrap Baked Fries Sweet Peas Fresh Tomato Wedges Fresh Fruit or Juice	9 Chicken Mashed Bowl Cheeseburger on Bun Ham & Cheese Sand. Mashed Potatoes Golden Corn Garden Salad Peach Cup or Juice	10 Pork BBQ on a Bun Chicken Nuggets w/Cheez Its Brd.Chicken Caesar Wrap Baked Fries Seasoned Peas Fresh Celery Sticks Fresh Fruit or Juice	11 Nachos Hot Dog on a bun Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Garden Salad Applesauce or Juice	12 Breaded Baked Chicken Pepperoni Pizza Ham & Cheese Wrap Baked Fries Sweet Peas Garden Salad Fresh Fruit or Juice	Fresh Vegetables 1% Milk Skim Milk Chocolate Skim
15 Chicken Parmesan Melt Hot Dog on a Bun Popcorn Chick.Sal.w/Crkrs. Baked Fries Orange Glazed Carrots Fresh Broccoli. Fresh Fruit or Juice	16 Fr.Tst.Sticks w/Sausage Chicken Patty Sandwich Ham & Cheese Wrap Baked Tater Tots Green Beans Fresh Red Pepper Slices Diced Peaches or Juice	17 Orange Popcorn Chicken Cheeseburger on a Bun Ham Chef Salad w/Crkrs. Steamed Rice Steamed Broccoli Garden Salad Diced Pears or Juice	18 Nachos Hot Dog on a Bun Ham & Cheese Wrap Steamed Rice Vegetarian Beans Fresh Baby Carrots Fresh Fruit or Juice	East Field Day Hot Wing Hoagie Cheese Pizza Turkey & Cheese Sand. Baked Fries Seasoned Peas Fresh Celery Sticks Fresh Fruit or Juice	Milk All Breads, Rolls, Pasta and Pizza Dough is Whole Grain
22 Boneless Wing Bites Hot Dog on a Bun Turkey & Ch.Sandwich Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Fresh Fruit or Juice	23 Popcorn Chicken w/Cheez Its Cheeseburger Turkey Chef Salad w/Crkrs. Baked Fries Seasoned Peas Fresh Celery Sticks Diced Pears or Juice	24 Pasta w/Meatballs Chicken Nuggets w/Chzlts Ham & Cheese Sand Baked Fries Seasoned Green Beans Garden Salad Fresh Fruit or Juice	25 Nachos Chicken Nuggets w/Chzits Chick.Caesar Sal.w/Crkrs. Steamed Rice Vegetarian Beans Fresh Baby Carrots Fresh Fruit or Juice	26 West Fun Day Picnic Lunch Hot Ham & Ch./Pretzel Roll Pepperoni Pizza Ham & Ch. Wrap Baked Potato Wedges Sweet Peas Garden Salad Peach Cup or Juice	Students must pick at least one serving of fruit or vegetable with their meal
29 MEMORIAL DAY	30 Cheeseburger on a Bun Chicken Nuggets w/Brd. Turkey Chef Salad w/Crkrs Baked Fries Sweet Peas Fresh Red Pepper Slices Fresh Fruit or Juice	31 Hot Dog on a Bun Chicken Nuggets w/Chzits Ham & Cheese Sandwich Golden Corn Baked Tater Tots Garden Salad Diced Peaches or Juice	Full Paid Lunch \$2.10 Reduced .40 Free .0		Alternate Meal Cheese Sand. Piece of Fruit Choice of Milk Menus are subject to change without notice.

Healthy For Life

