

2017

March

Health For Life



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**



PRICES:
Free
Reduced - \$.40
Paid - \$2.10

1 Grilled Cheese Sandwich
Chicken Nuggets w/Wg Brd.
Ham & Cheese Sandwich
Tomato Soup
Fresh Celery Sticks
Fresh Fruit or Juice

Dr. Seuss Day

2 Hot Wing Hoagie
Hot Dog on a Bun
Ranch Chick.Salad w/Wg Ckrs.
Baked Tater Tots
Campfire Beans
Fresh Baby Carrots
Cantaloupe or Juice

3 Fish Sticks w/Wg Brd.
Cheese Pizza
Chick.Caesar Salad w/Wg Crkrs
Cinn. Sweet Potatoes
Seasoned Peas
Fresh Baby Carrots
Diced Peaches or Juice

6 Pizza Sticks w/Marinara
Cheeseburger
Brd.Chick.Caesar Salad
w/WG Crackers
Sweet Golden Corn
Fresh Broccoli
Fresh Fruit or Juice

7 Salisbury Steak w/Gravy
Chicken Nuggets w/Wg Brd.
Turkey & Cheese Sandwich
Parslied Noodles
Green Beans
Fresh Red Pepper Slices
Diced Peaches for Juice

8 Swt.& Sour Popcorn Chick.
Chicken Nuggets w/WG Brd.
Turkey & Cheese Sand.
Steamed Rice
Steamed Broccoli
Fresh Baby Carrots
Diced Pears or Juice

9 Nacho Plaltrer
Hot Dog on a Bun
Ham & Cheese Wrap
Steamed Rice
Vegetarian Baked Beans
Fresh Celery Sticks
Fresh Fruit or Juice

10 Hot Dog on a Bun
Cheese Pizza
Ham & Cheese Wrap
Baked Fries
Steamed Carrots
Cucumber & Tomato Salad
Mixed Fruit Cup or Juice

13 Meatball Sub
Chicken Patty Sandwich
Ham & Cheese Sand.
Baked Tater Tots
Mixed Vegetables
Fresh Tomato Wedges
Fresh Fruit or Juice

14 Chicken Mashed Potato Bowl
Cheeseburger
All Amer.Cobb Salad w/WG
Crkrs.
Mashed Potatoes w/Gravy
Golden Corn
Cucumber & Tomato Salad
Applesauce or Juice

15 Hot Wing Hoagie
Chicken Nuggets w/WG Brd.
Turkey & Cheese Sand.
Campfire Beans
Seasoned Peas
Garden Salad
Fresh Fruit or Juice

16 Pulled Pork Fajita
Hot Dog on a Bun
Popcorn Chick.Salad w/WG
Crackers
Baked Tater Tots
Orange Glazed Carrots
Fresh Baby Carrots
Fresh Fruit or Juice

17 Baked Ham
Cheese Pizza
Brd.Chick.Caesar Salad
w/WG Crackers
Seasoned Peas
Garden Salad
Fresh Fruit or Juice
Happy St. Patrick's Day

20 French Tst.Sticks w/Sausage
Chicken Patty Sandwich
Turkey & Cheese Wrap
Seasoned Peas
Baked Tater Tots
Fresh Broccoli
Fresh Fruit or Juice

21 Pork BBQ on a Bun
Cheeseburger
Buffalo Chick.Salad w/WG
Crackers
Green Beans
Red Pepper Slices
Blueberries w/Whip Topping

22 Grilled Cheese Sandwich
Chicken Nuggets w/Wg Brd.
Turkey & Cheese Sandwich
Tomato Soup
Seasoned Peas
Garden Salad
Diced Peaches or Juice

23 Nacho Platter
Chick.Nuggets w/Wg Brd.
Chick.& Cheese Salad
Vegetarian Baked Beans
Steamed Rice
Fresh Celery Sticks
Cantaloupe or Juice

24 **Act 80 Day
Early Dismissal**
Bag Lunches Available
Order accordingly
Breakfast Available

27 Philly Cheese Steak
Chicken Patty Sandwich
Ham & Cheese Sandwich
Baked Tater Tots
Fresh Broccoli
Apple Wedges or Juice

28 Hot Ham & Ch.on Pretzel Roll
Chicken Nuggets w/Wg Brd.
Brd.Chick.Caesar Salad w/WG
Crackers
Green Beans
Garden Salad
Fresh Fruit or Juice

29 Brocc.& Cheese Bkd.Potato
Chicken Nuggets w/Wg.Brd.
Ham & Cheese Wrap
Campfire Beans
Steamed Carrots
Fresh Baby Carrots
Diced Pears or Juice

30 Cheeseburger
Chicken Nuggets w/WG Brd.
All Amer.Chef Salad w/WG
Crackers
Baked Fries
Seasoned Peas
Garden Salad
Blueb w/Whip Top. or Juice

31 Chicken Patty Sandwich
Cheese Pizza
Turkey & Cheese Sand.
Baked Fries
Steamed Broccoli
Fresh Baby Carrots
Mandarin Oranges or Juice

More Info...

Offered Daily

Fresh Fruit Or Juice

Fresh Vegetables

**1% Milk
Skim Milk
Chocolate
Skim Milk**

**All Breads,
Rolls, Pasta
and Pizza
Dough is
Whole Grain**

**Students must
pick at least
one
serving of fruit
or
vegetable with
their meal**

Menus are subject to change without notice.

Riverside Elementary Lunch Menu

