



2019

# September

Riverside Jr./Sr. High Lunch Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>	<b>LABOR DAY</b>	<b>3</b>	<b>WELCOME BACK</b>	<b>4</b>	Chicken Tenders w/WG Brd. Buffalo Chicken Pizza All American Cobb Salad Baked Fries Fresh Celery Sticks Fresh Fruit or Juice	<b>5</b>	Nacho Platter Buffalo Chicken Pizza Ranch Chicken Salad Campfire Beans Fresh Baby Carrots Diced Peaches or Juice	<b>6</b>	Cheese Stick w/Mar.Sce. White Pizza Chicken Caesar Salad Baked Fries Steamed Broccoli Mixed Fruit Cup or Juice
<b>9</b>	Meatball Sub Buffalo Chicken Pizza All American Chef Salad w/WG Crackers Sweet Golden Corn Garden Salad Fresh Fruit or Juice	<b>10</b>	Salisbury Steak w/Gravy Buffalo Chicken Pizza Chicken Caesar Salad Parslied Noodles Green Beans Fresh Red Pepper Slices Applesauce or Juice	<b>11</b>	Orange Popcorn Chicken Buffalo Chicken Pizza Turkey & Cheese Salad Cilantro Lime Rice Steamed Broccoli Garden Salad Fresh Fruit or Juice	<b>12</b>	BBQ Rib Sandwich Buffalo Chicken Pizza Italian Salad w/Ham w/WG Crackers Baked Fries Fresh Celery Sticks Diced Pears or Juice	<b>13</b>	Chicken Parm.Sandwich White Pizza Ham Chef Salad Baked Tater Tots Fresh Baby Carrots Coleslaw Fresh Fruit
<b>16</b>	Philly Cheese Steak Sausage Pizza Chicken Caesar Salad Baked Fries Roasted Mixed Vegetables Fresh Tomatoes Wedges Diced Peaches or Juice	<b>17</b>	Country Chick.Nugget Bowl Buffalo Chicken Pizza All American Cobb Salad Mashed Potatoes Sweet Golden Corn Cucumber Slices Fresh Fruit or Juice	<b>18</b>	Chicken Tenders w/WG Brd. Buffalo Chicken Pizza Ranch Chicken Salad Baked Tater Tots Orange Glazed Carrots Celery Sticks Diced Pears or Juice	<b>19</b>	Nacho Platter Buffalo Chicken Pizza Popcorn Chicken Salad Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice	<b>20</b>	Hot Wing Hoagies White Pizza Chicken Caesar Salad Baked Fries Steamed Broccoli Garden Salad Mixed Fruit Cup or Fresh Fruit
<b>23</b>	Chicken Tenders w/WG Brd. Buffalo Chicken Pizza Ranch Chicken Salad Baked Tater Tots Steamed Carrots Fresh Broccoli Diced Pears or Juice	<b>24</b>	Fish Sticks w/WG Brd. Buffalo Chicken Pizza Turkey Chef Salad Baked Fries Green Beans Fresh Baby Carrots Fresh Fruit or Juice	<b>25</b>	Meatball Hoagie Buffalo Chicken Pizza All American Cobb Salad Sweet Peas Garden Salad Mixed Fruit Cup or Juice	<b>26</b>	Nacho Platter Buffalo Chicken Pizza Chicken & Cheese Salad Steamed Rice Vegetarian Baked Beans Celery Sticks Applesauce or Fresh Fruit	<b>27</b>	Gen Tso's Chicken White Pizza Chicken Caesar Salad Steamed Rice Steamed Broccoli Cucumber & Tomato Salad Fresh Fruit or Juice
<b>30</b>	Chicken Fajita w/Pep-Onions Buffalo Chicken Pizza Ham Pizza Salad w/WG Crkrs. Steamed Carrots Brown Rice Fresh Broccoli Mixed Fruit Cup or Fresh Fruit	<b>Foodservice Substitute Positions Available.</b> <b>Apply online at:</b> <a href="http://www.aramark.com">www.aramark.com</a> <b>Search Taylor PA/Riverside</b> <b>Earn extra money while children are at school.</b>				<b>Note:</b> <b>New lunch meal price as required by State Regulations.</b>		<b>Lunch Prices</b>  Free.....0 Reduced.....\$.40 Full Paid.....\$2.70	

**More Info...**  
**Offered Daily:**

- Chicken Patty Sand.
- Cheeseburger
- Chicken Nuggets w/WG Bread
- Cheese Pizza
- Pepperoni Pizza
- MTO Deli Bar
- Asst. Fresh Fruit
- Fruit Juice
- Fresh Vegetables
- 1% Milk
- Skim Milk
- Chocolate Skim Milk
- All Breads, Rolls and Pizza Dough is Whole Grain

**Students must pick at least one serving of fruit or vegetable with their meal.**

Menus are subject to change without notice.

**HEALTHY FOR LIFE**

