



2017

# May

## Riverside Jr./Sr. High Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> Chicken Tenders w/Brd.Stick Chicken Ranch Pizza Veg.Baja Salad w/Crkr. Baked Fries Seasoned Peas Fresh Broccoli Diced Peaches or Juice</p>	<p><b>2</b> Pierogies w/Cheese Stick Balsamic Chicken Pizza Chick.Caesar Sal.w/Crkr. Vegetarian Baked Beans Green Beans Fresh Red Pepper Slices Applesauce or Juice</p>	<p><b>3</b> Corn Dogs Buffalo Chicken Pizza Chick.Ranch Sal.w/Crkr. Steamed Rice Seasoned Carrots Garden Saladi Fresh Fruit or Juice</p>	<p><b>4</b> Nacho Platter Buffalo Chicken Pizza All Amer.Chef Sal.w/Crkr. Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Cantaloupe or Juice</p>	<p><b>5</b> General Tso's Chicken Chef Choice Pizza Chicken Caesar Sal.w/Crkr. Steamed Rice Steamed Broccoli Fresh Baby Carrots Fresh Fruit or juice</p>
<p><b>8</b> Philly Cheesesteak Bacon Pizza Ham Pizza Salad w/Crkr. Baked Fries Sweet Peas Fresh Tomato Wedges Fresh Fruit or Juice</p>	<p><b>9</b> Chicken mashed Potato Bowl Buffalo Chicken Pizza Chick.Caesar Sal.w/Crkr. Mashed Potato w/Gravy Golden Corn Garden Salad Peach Cup or juice</p>	<p><b>10</b> Salisbury Steak w/Gravy Buffalo Chicken Pizza Brd.Chick.Caesar Sal.w/Roll Parslied Noodles Seasoned Peas Garden Salad Fresh Fruit or Juice</p>	<p><b>11</b> Nacho Platter Buffalo Chicken Pizza Chick.Caesar Sal.w/Crkr. Steamed Rice Vegetarian Baked Beans Garden Salad Applesauce or Juice</p>	<p><b>12</b> Jumbo Ravioli w/Marinara Sc Chef Choice Pizza Chef Choice Salad Baked Fries Sweet Peas Garden Salad Fresh Fruit or juice</p>
<p><b>15</b> Chicken Parmesan Melt Meat Lovers Pizza Ham Pizza Salad w/Crkr. Baked Fries Orange Glazed Carrots Fresh Broccoli Fresh Fruit or juice</p>	<p><b>16</b> Pulled Pork Fajita Buffalo Chicken Pizza Brd.Buffalo Chick.Sal.w/Crkr. Baked Tater Tots Green Beans Garden Salad Diced Peaches or juice</p>	<p><b>17</b> Orange Popcorn Chicken Buffalo Chicken Pizza Chick.Caesar Sal.w/Crkr. Steamed Rice Steamed Broccoli Garden Salad Diced Pears or juice</p>	<p><b>18</b> Nachos Buffalo Chicken Pizza Chick Caesar Sal.w/Crkr. Steamed Rice Vegetarian Beans Fresh Baby Carrots Fresh Cantaloupe or juice</p>	<p><b>19</b> Hot Wing Hoagie Chef Choice Pizza Chef Choice Salad Baked Fries Seasoned Peas Fresh Celery Sticks Fresh Fruit or Juice</p>
<p><b>22</b> Boneless Wing Bites Buffalo Chicken Pizza All Amer.Chef Salad w/Crkr. Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Fresh Fruit or Juice</p>	<p><b>23</b> Swt.&amp; Sour Popcorn Chick. Buffalo Chicken Pizza Brd.Buffalo Chick.Salad Steamed Broccoli Steamed Rice Fresh Celery Sticks Diced Pears or Juice</p>	<p><b>24</b> Pasta w/Meatballs Buffalo Chicken Pizza Chick.Caesar Sal.w/Crkr. Garden Salad Seasoned Green Beans Blueberries w/Whip Topping or Juice</p>	<p><b>25</b> Nachos Buffalo Wing Pizza Chick.Caesar Sal.w/Crkr. Vegetarian Beans Steamed Rice Fresh Baby Carrots Fresh Fruit or Juice</p>	<p><b>26</b> <b>Early Dismissal</b>  <b>Bag Lunches Available</b>  <b>Breakfast Available</b></p>
<p><b>29</b>  <b>MEMORIAL DAY</b></p>	<p><b>30</b> Philly Cheesesteak Buffalo Chick. Pizza Chick.Caesar Sal.w/Crkr. Sweet Peas Baked Fries Fresh Red Pepper Strips Fresh Fruit or Juice</p>	<p><b>31</b> Chicken Mashed Potato Bowl Buffalo Chicken Pizza Chick.Caesar Sal.w/Crkr. Mashed Potato w/Gravy Golden Corn Garden Salad Diced Peaches or juice</p>		<p><b>Full Paid Lunch \$2.40</b> <b>Reduced \$.40</b> <b>Free \$.0</b></p>

### More Info...

#### Offered Daily:

- Chicken Patty Sand.**
- Cheeseburger**
- Chicken Nuggets w/Dinner Roll**
- Cheese Pizza**
- Pepperoni Pizza**

- MTO Deli Bar**
- Fresh Fruit**
- Fruit Juice**
- Fresh Vegetables**

- 1% Milk**
- Skim Milk**
- Chocolate Skim Milk**

**All Breads, Rolls and Pizza Dough is Whole Grain**

**Students must pick at least one serving of fruit or vegetable with their meal.**

Menus are subject to change without notice.

**HEALTHY FOR LIFE**

